Reef Knot
RESTAURANT
THE IDLE ROCKS

STARTERS

Crispy Potato Terrine
Smoked Egg Yolk, Mushrooms
£16

Roast Monkfish
Curried Cauliflower, Almond, Golden Raisin
£21

Beef Fillet Tartare
Confit Egg, Pickled Apple
£18

Roast Cornish Scallop
Jerusalem Artichoke, Hazelnut, Raisin, Tarragon
£7 each

Mackerel Teriyaki
Wasabi, Cucumber, Radish
£14

Salt Baked Celeriac
Truffle, Apple, Hazelnut
£14

MAINS

Grey Mullet
Cider, Bacon, Cabbage
£40

Cornish Lamb Rump
Pressed Minted Belly, Smoked Swede, Black Garlic
£44

Black Bream
Herb Risotto, Gremolata
£32

Tranche of Turbot
Vongole Sauce, Clams
£56

Mushroom Lasagne
Madeira Sauce, Black Truffle
£26

Miso Aubergine
Israeli Cous Cous, Pomegranate, Goats Cheese
£21

Cote de Boeuf for 2
Fries, Bitter leaf Salad
£110

SIDES

Fries
Dashi & Oregano
£5

Tenderstem Broccoli
Almonds
£8

Cornish Mid Potatoes
Garlic & Herbs
£8

Cucumber
Feta, Dill, Mint
£6

Bitter Leaf Salad
£6

XO Butter Poached Cabbage
Crispy Chilli Onions
£6

All prices include VAT at the current rate.
Please note a discretionary service charge of 10% will be added to your bill.
Due to the nature of our kitchen, we are unable to guarantee any food to be allergen free. We will make every effort to cater for individual allergies, please talk to a team member for more information regarding your dietary or allergy requirements
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