

Reef Knot

— RESTAURANT —

Breakfast

Full Cornish Breakfast

sausage, Westaways hogs pudding, smoked bacon, Rosti potato, grilled plum tomato, field mushroom, your choice of St Mawes eggs scrambled, fried, poached

Full Vegan Breakfast

bratwurst sausage, filed mushroom, grilled plum tomato, baked beans, wilted spinach, Rosti potato



Smoked Salmon Chive Scrambled Eggs

toasted brioche, caviar

Smoked Cornish Haddock

St Mawes poached eggs, dill, wilted baby spinach, bonito flakes

Eggs Benedict

toasted brioche, cured ham, poached eggs, hollandaise

Eggs Florentine

poached eggs, toasted brioche, wilted spinach, hollandaise



Idle Porridge

family Richards Honey, raspberry compote, hazelnut crumb

Crushed Avocado on Sourdough

Cornish chilli oil, coriander, sun blushed tomato, poached St Mawes eggs